2021: A fresh start: “We’ve Got This”

January 6, 2021

Some General Notes:

Do NOT run in the parking lots at Yanda and Taurus.

Ensure you load all buses BACK to FRONT, and wear your face mask. No exceptions.

Ensure you are riding your assigned bus and get off at your assigned stop.

Be responsible: you MUST practice social distancing while waiting for your bus, or when going out for a cigarette.

Maintain a minimum 2 meter distance between each other (unless there is a physical barrier like a wall, cubicle, or Plexiglas window.

Social Distancing is essential to keep both you and the HPC healthy – do your part.

Continue to work safely!

Bill Schneider
Director, Construction

2021: New Year – New Beginnings

Welcome back to the HPC site! We hope that your holidays were safe and restful, and that everyone is feeling energized about 2021.

Since the last site bulletin, there have been a lot of developments here in Alberta (and around the world) with Covid-19 vaccine news, with the reports of identified variants of Covid-19, and with some provinces applying stronger and more widespread lockdown policy.

Here, at the HPC, our plan hasn’t changed for 2021: Our first and primary goal is to keep everyone healthy and going Home Safe Every Day, and this will help us with our second goal, keeping our project open and moving forward as planned.

2020 was a year of curveballs. While no one quite knows what to expect as we open 2021, the thing we DO know is that this site, this project, and each and every single person who comes to work here is ready to roll with the punches and to get the job done. It is your excellent work that allows this project to keep moving forward.

In years past, the HPC has normally kicked off our January return to site with large group meetings and a welcome-back series of safety communications. This year, owing to current Covid-19 restrictions, we are not able to do this in the same way.

However, we wanted to acknowledge that even in the middle of an ongoing pandemic, our spirits and determination remain strong, and we’ve created a short welcome-back video, which we hope you will watch and enjoy.

If the emailed link is giving you issues, you can view the video at www.iplheartland.com

Click the “Media Gallery” tab at the top of the page, and the video page will open. The new video is at the top of the page.

Welcome back to the HPC. Work safely and stay healthy: We’ve Got This!

2021: CV-19 Policies Still in Effect

Yesterday, Alberta’s Chief Medical Officer Dr. Deena Hinshaw held her first Covid update of the year. She reminded us that Covid has not gone away, and we all need to continue following recommendations.

Nothing has changed at the HPC. Please continue following the directives, until notified otherwise by a site bulletin or your Supervisor.
WELCOME BACK TO THE HEARTLAND PETROCHEMICAL COMPLEX!

A Few Overall Site Reminders

**Mask Wear**

➢ Mask wear helps to keep you and others around you healthy. Please continue to wear your masks as indicated by site bulletins and directives.

**Social Distancing & Busing**

➢ Social Distancing is easy: there are markers and signs to follow. Please consider this as part of your civic duty, and be responsible around other people.

➢ When lining up for your bus, please respect the social distancing markers and keep apart. If you wish to remain in your car until just before your bus loads, that is an easy way to minimize your time in line.

**Not feeling well? You know what to do...**

➢ You know that if you’re not feeling well when you get up, you don’t come to site. The same logic applies if you are around any other people who are showing symptoms of COVID-19.

➢ If you’re around people who are sick and/or are showing symptoms of COVID-19, use your common sense, and call your Supervisor; keep your guard up, and be aware of the health of those around you.

**Taking care of your mental health**

➢ Everyone reacts to situations differently, and we all have times in our lives where some support is welcome. If you, or someone you know, is struggling with substance use, addiction or a mental health problem, you may be wondering what you can do. Help is available.

➢ There are many options to get help including accessing your company’s EFAP program, to visiting a local Addiction and Mental Health Clinic, or by calling Health Link (811).

➢ If you aren’t sure which zone you are in, view the AHS Zone map on their website: Programs & Services | Alberta Health Services.

For 24/7 adult addiction and mental health access, call: 780-424-2424.