

Anyone who believes they have the symptoms of COVID-19
(or if you are required to self-isolate or have any similar flu-like symptoms)
you must stay at home.

Wednesday, March 25, 2020

As of today: There are NO confirmed or presumptive cases of COVID-19 at HPC

Alberta Occupational Health and Safety – site visit: March 23rd

- Alberta OHS made a site visit to PDH yesterday, in response to some filed concerns.
- They found that IPL is in full compliance with legislation and standing government instructions around workplace cleaning, and exceeds recommendations in other areas.
- Asks were made for more bus resources, which are being added this week, and for some additional communications on site.
- The hand sanitizer is not being “watered down” and this was confirmed by OHS
- Of note, the liquid cleaning solution used in lunchroom areas is intended to be diluted in accordance with the product specifications. The sanitizer has a 70% isopropyl alcohol content which is within Alberta Health guidelines.

HOME TEMPERATURE PROTOCOL: Use your home thermometer each day

- A point of clarity on the home thermometer bulletin. Some people have asked if they do NOT have a thermometer at home, if they can still come to work?
- The answer is: **YES**. The home thermometer check is encouraging people who already have a thermometer at home to take this step and make use of it, to help ensure no one comes to work with a fever. If you have a thermometer in your home, please use it.

Social-Distancing - Lunchrooms

- Lunch times are being staggered to reduce amounts of people being together in one place
- Lunchrooms and washrooms are also getting increased and targeted cleaning

Busing

- Buses have been added, and more will be added this week (March 23rd) to busier routes to help enhance current Social Distancing practices. Routes have also been looked at for improvement options (where best to assign the extra buses). Our aim is to get enough buses in the rotation to have no more than 24 riders per bus.
- Bus cleaning has been increased – see posted schedule on the bus for more information

- We are also wiping the bus interior down 4 times daily with a COVID-killing agent, specifically targeting hand rails, arm rests, head rests, handles, scanners and washrooms.

Next Steps

- Unless you hear otherwise from IPL or your Supervisor, plan to come in as usual. At this time, current construction activity is unchanged
- IPL is in regular consultation with the Government and different municipalities to ensure compliance and exchange of latest information and activity at the HPC site
- We've been holding weekly meetings with our site contractor reps to exchange information and get feedback on your concerns. Please keep your questions coming.

STANDING REMINDERS

- If you develop flu-like symptoms while at site, do not go to the onsite clinic. Notify your supervisor immediately. You should only go to the onsite clinic if you are injured or experiencing a medical emergency
- Anyone who believes they have the symptoms of COVID-19 (or if you are required to self-isolate due to travel, exposure to the virus, or if directed to do so by your local health authority), or if you have any similar flu-like symptoms must stay at home: **do not come to site**
- Call your Supervisor immediately and report your condition
- Contact the Alberta Health Line (811) to report your condition and arrange for a medical test
- If the test is negative, inform your Supervisor and return to work as directed
- If the test is positive, then a 14-day quarantine/isolation period will begin *from the day you are informed of the positive result*. Keep in regular contact with your Supervisor during this time

Work safely,
Bill Schneider
Director, Construction

External Resources: Websites of note

Educate yourself on COVID-19, how it is spread, and what is being done by the world community to flatten the curve of the number of cases.

Myth busting: COVID-19 is NOT airborne. COVID-19 is spread through respiratory droplets produced when an infected person coughs or sneezes (Source: [CDC](#)).

Remember: Misinformation or having incomplete information are just as damaging to our efforts to combat this virus as anyone coming to work sick.

- Alberta Health Services: www.albertahealthservices.ca
- Government of Canada: www.canada.ca
- Center for Disease Control (CDC) website: www.cdc.gov